

## Referee Signals – Red & Yellow Offences

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**Yellow Card** - A yellow card is the referees way of saying **Calm Down Now!** If you or your opponents are already booked and receive one more yellow card you will be sent off the field. You will not either have permission to participate in that game anymore.

**Red Card** - If the referee is showing the red card for you or your opponents this is a signal that a serious foul has been committed and the player responsible is sent off the field. The player will not be able to enter the field of play again but he may change with another player (under special circumstances like training match or similar)

- The referee will caution and show the yellow card to a player who:

- is guilty of unsporting behaviour
- shows dissent by word or action
- persistently infringes the Laws of the Game
- delays the restart of play
- fails to respect the required distance when play is restarted with a corner kick or free kick or throw-in.
- enters or re-enters the field of play without the referee's permission
- deliberately leaves the field of play without the referee's permission

- The referee will send-off and show the red card to a player who:

- is guilty of serious foul play
- is guilty of violent conduct
- spits at an opponent or any other person
- denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (this does not apply to the goalkeeper handling the ball in his own penalty area).
- denies an obvious goal scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick
- uses offensive, insulting or abusive language and/or gestures
- receives a second caution in the same match